



NOVA VITA
Help • Hope • Heal

Domestic Violence Prevention Services

Services for Youth



Nova Vita's youth services provide trauma-informed counselling and support for youth between the ages of 13 to 18.



For More Information

☎ **519-752-1005 x 221**

✉ **INFO@NOVAVITA.ORG**

SERVICES FOR YOUTH

- Supportive counselling
- Safety planning
- Mentorship
- Positive role modelling
- Information & resources on:
 - Dating violence
 - Anti-human trafficking
 - Healthy relationships
- Referrals to community supports
- Resources for cultural & diverse needs
- Presentations in schools



For children 12 years of age and younger, please see our Children's Programming.

OTHER PROGRAMS AVAILABLE



- 24/7 Crisis & Support available via phone, text, or webchat.
[519-752-HELP](tel:519-752-HELP) | novavita.org/chat
- Family Programs
- Children's Programs
- Challenge to Change

*Includes gender-diverse individuals

24 HOUR CRISIS & SUPPORT

☎ **519-752-HELP (4357)**

💻 **NOVAVITA.ORG/CHAT**

59 North Park Street, Brantford, ON N3R 4J8

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