



NOVA VITA
Help • Hope • Heal

Domestic Violence Prevention Services

Housing & Outreach Support



You don't need to live in a shelter to get help.

Our Transitional Support Workers (TSW's) provide outreach support services to women* (16+) who are transitioning from an abusive relationship to safe, affordable housing with wrap-around supports.



For More Information

📞 **519-752-1005 x 221**

✉️ **INFO@NOVAVITA.ORG**

OUTREACH SUPPORT

Our Transitional Support Workers (TSW's) will work with you to create an individualized transitional plan and offer the following services:

- Safety planning
- Trauma-informed support
- Harm-reduction support
- Assistance with finding housing
- Information & resources
- Assistance with completing forms & documents
- Referrals to community supports
- Resources for cultural & diverse needs
- Court support, information & accompaniments
- Accompaniments to appointments in the community
- Advocacy & system navigation
- Home visits & follow-up
- Anti-human trafficking resources & support

SECOND STAGE TRANSITIONAL HOUSING

Nova Vita offers transitional housing units with additional wrap-around support for women* and their children.



*Includes gender-diverse individuals

24 HOUR CRISIS & SUPPORT

☎ 519-752-HELP (4357)

💻 [NOVAVITA.ORG/CHAT](https://novavita.org/chat)

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Women and Gender
Equality Canada

Femmes et Égalité
des genres Canada

Brant Community Foundation
Building our Community. Investing in the Future.