



NOVA VITA
Help • Hope • Heal

Domestic Violence Prevention Services

Challenge to Change



Our Challenge to Change Program is for individuals (18+) who have used, or are at risk of using, violence in their relationships.



For More Information

📞 **519-752-1005 x 242**

✉️ **INFO@NOVAVITA.ORG**

PARTNER ASSAULT RESPONSE (PAR)

Our Partner Assault Response (PAR) Program is a 12-week psycho-educational and counselling program for individuals who have used violence in their relationship and/or have been charged through the criminal court system with a domestic violence related crime. Referrals for this program can be made by the Crown Attorney's Office, Probation & Parole, Child & Family Services, or self-referral.



S.C.R.I.B.E.

S.C.R.I.B.E. (Self, Character, Relationship, Interaction, Boundaries, Esteem) is a group program designed specifically for men* who are looking for self-improvement, eager to explore healthy ways to communicate, and ready to examine their own behaviours in their relationships.



*Includes gender-diverse individuals

24 HOUR CRISIS & SUPPORT

☎ 519-752-HELP (4357)

💻 NOVAVITA.ORG/CHAT

59 North Park Street, Brantford, ON N3R 4J8
novavita.org | [@NovaVitaBrant](https://www.facebook.com/NovaVitaBrant) [f](https://www.instagram.com/NovaVitaBrant) [i](https://www.instagram.com/NovaVitaBrant)

