



For those experiencing domestic violence and homelessness, the holiday season can be an overwhelming and stressful time. As the cost of living continues to increase, this is putting an additional strain on Nova Vita to not only fill requests for holiday help, but to also fill the need for basic wish list items. Nova Vita needs your help.

You can make a difference for women and their families this holiday season. Select an option below that is the best fit for you or your organization, and help bring the spirit of the holidays to Nova Vita.

HOW YOU CAN HELP

Donate

Making a financial donation has the greatest impact for Nova Vita. It allows us to fill budgetary gaps and special requests to ensure that all needs are met, not only just over the holiday season, but year round.


Host

Hosting a donation drive for new toys, gift cards, and urgently needed items in the shelter helps to fill our Holiday Workshop, as well as our shelves. It's an incredible way to come together and connect our community's kindness with the needs of families at Nova Vita.

Sponsor


We match your budget to a family (or families) in need and provide you with their holiday "wish list". Shop for their holiday essentials, and add special touches from your family to theirs. Limited opportunities available.

NOVA VITA'S IMPACT LAST YEAR


 **6,419** crisis and support calls answered on our 24 hour phone line 519-752-HELP

 **17** babies under the age of 1 stayed at Nova Vita and called it one of their very first homes


 **69** Women  **72** Children found safe emergency shelter at Nova Vita

 **32** individuals at risk of/experiencing human trafficking were provided support, safety planning, counselling, and advocacy

 **12** Women **14** Children lived safely in one of our Second Stage Transitional Housing apartments

 **238** women were assisted by Transitional Support Workers to find safe affordable housing, and transition out of an abusive relationship

 **322** women received individual & group counselling to heal from the violence and abuse they experienced

 **414** men were helped to increase their knowledge, skills, resources, and self-awareness to develop and maintain healthier relationships



CONTACT US BEFORE PLANNING YOUR DONATION DRIVE!

We can provide helpful tips, custom wish lists, event promotion and much more. Get all the information and resources you need to get started by contacting our Holiday Elf, Jessica Hill at jhill@novavita.org.



Want to provide Hope For The Holidays?
Complete form below by December 18 and
return to:

Jessica Hill
Holiday Elf & Community Development Assistant
519-752-1005 ext 210 | jhill@novavita.org

Company/Organization: _____

Address: _____

Contact: _____ **Tel:** _____

Email: _____

YES! We want to donate - Financial donations can be made using the form below or online at novavita.org/donate.

YES! We want to host a donation drive - Complete section below so we can provide you with support and promotion.

Event Name: _____

Event Date/Time: _____ *Drop-Off Date:* _____

Support Requested: Website/Social Media Promotion Speaker Brochures, etc.

Pledge Forms (for Tax Receipts) Big Cheque Presentation/Photo Op

YES! We want to sponsor - Limited availability. Determine budget (allocate \$100 per family member) and be matched with a family and their custom wish list. Drop-off dates are December 5 (5PM - 7PM), December 7 (9AM - 12PM), December 11 (5PM - 7PM), and December 14 (9AM - 12PM). \$200 minimum commitment.

Budget: \$ _____ *Drop-Off Date:* _____



THANK YOU FOR YOUR SUPPORT & PLEASE NOTE:

For health and safety, we can only accept items that are new, unopened, unexpired, and unwrapped.

Donation Information: **Cheque** **Cash** **Credit Card**

Name of Cardholder: _____

Card Number: _____ Expiry: _____ CV#: _____

Amount to be Charged: _____ Signature: _____