



Make a difference this holiday season

For those experiencing domestic violence and homelessness, the holiday season can be an overwhelming and stressful time. This year the demands for basic wish list items are greater than ever, as are the requests for holiday help for families currently receiving safe shelter and support from Nova Vita.

You can make a difference for women and their families by helping them bring the spirit of the holidays home. Simply choose the best option for you below.

HOW YOU CAN HELP

Donate

Making a financial donation has the greatest impact for Nova Vita. It allows us to fill budgetary gaps and special requests to ensure that all meal and needs are met not just over the holiday season but year round.

Host

Hosting a donation drive for new toys, gift cards, and urgently needed items in the shelter helps to fill our Holiday Workshop, as well as our shelves. It's an incredible way to come together and connect our community's kindness with the needs of families at Nova Vita.

Sponsor

We match your budget to a family (or families) in need and provide you with their holiday "wish list" and you do the shopping for all their holiday essentials.

Limited opportunities available

NOVA VITA'S IMPACT LAST YEAR

4,594 crisis and support calls answered on our 24 hour phone line 519-752-HELP

139 women in crisis arrived on our doorstep seeking help, were provided with safety planning, resources and referrals

68 Women 57 Children found safe emergency shelter at Nova Vita

59 days is the average length of stay in our emergency shelter

10 Women 11 Children lived safely in one of our Second Stage Transitional Housing apartments

229 women were assisted by Transitional Support Workers to find safe affordable housing, and transition out of an abusive relationship

244 women received individual & group counselling to heal from the violence and abuse they experienced

247 men were helped to increase their knowledge, skills, resources, and self-awareness to develop and maintain healthier relationships



CONTACT US BEFORE PLANNING YOUR DONATION DRIVE!

We will provide helpful tips, custom wish lists, and event promotion!
Get started by contacting our Community Development Manager,
Anne Ruddell at aruddell@novavita.org.



Want to provide Hope For The Holidays?
Complete form below by December 4 and
return to:

Anne Ruddell
Community Development Manager
519-752-1005 x228 | aruddell@novavita.org

Company/Organization: _____

Address: _____

Contact: _____ **Tel:** _____

Email: _____

YES! We want to donate - Financial donations can be made using the form below or online at novavita.org/donate.

YES! We want to host a donation drive - Complete section below so we can provide you with support and promotion.

Event Name: _____

Event Date/Time: _____ *Drop-Off Date:* _____

Support Requested: Website/Social Media Promotion Speaker Brochures, etc.

Pledge Forms (for Tax Receipts) Big Cheque Presentation/Photo Op

YES! We want to sponsor - Limited availability. Determine budget (allocate \$100 per family member) and be matched with a family and their custom wish list. Wish list to be provided by November 23. Drop-off dates are November 29 (10AM - 2PM), December 2 (10AM - 1PM), and December 5 (4PM - 7PM). \$200 minimum commitment.

Budget: \$ _____ *Drop-Off Date:* _____



THANK YOU FOR YOUR SUPPORT & PLEASE NOTE:

For health and safety, we can only accept items that are new, unopened, unexpired, and unwrapped.

Donation Information: **Cheque** **Cash** **Credit Card**

Name of Cardholder: _____

Card Number: _____ Expiry: _____ CV#: _____

Amount to be Charged: _____ Signature: _____