



Our Vision

A world where individuals, relationships, families, and communities are safe, empowered, and healthy.

Our Mission

Nova Vita works to end interpersonal violence and abuse by supporting individuals and families who have experienced domestic violence, intimate partner violence, or gender-based violence through the provision of crisis intervention, emergency shelter, transitional support, children's programs, and counselling; and by fostering accountability for those who harm through intervention, counselling, public education, and systemic advocacy.

Our Values

Trauma-Informed: Our services promote the principles of trauma-informed care: safety, choice, trust, collaboration, and empowerment.

Inclusive: Our organization acknowledges the impact of systemic oppression on Indigenous communities, 2SLGBTQIA+ communities, racialized communities, newcomers, and people with disabilities. We are an equity-seeking organization that strives to be inclusive and reflect the diversity of the individuals we serve.

Leaders: Our staff are knowledgeable, dedicated, passionate, skilled, and innovative professionals in the field of domestic violence prevention and intervention. We value honesty, integrity, transparency, open communication, and accountability.

Effective: Our organization is committed to evaluating the effectiveness of our programs, supporting best-practices, pursuing new initiatives, and contributing to research.

Accountable: Our organization strictly adheres to funder requirements, fully honours the Donor Bill of Rights, actively identifies efficiencies, and continuously provides quality services.

Community-Focused: Our organization is dedicated to fostering partnerships and collaboration, anticipating and responding to the needs of our community, inspiring engagement, and encouraging public awareness around the issues of interpersonal violence and abuse.



Our Balanced Scorecard



Stakeholder Outcome

Nova Vita delivers excellent programs and services for women, children, men, and gender diverse people based on our trauma-informed approach to addressing domestic violence, intimate partner violence, and gender-based violence.



Financial Outcome

Nova Vita actively pursues managed and sustainable growth.



Internal Processes Outcome

Nova Vita is a strength-based, trauma-informed, learning organization.



Learning & Growth Outcome

Nova Vita has strong partner and community relationships that support an effective community response to domestic violence, intimate partner violence, and gender based violence.

Nova Vita acknowledges the support of Women and Gender Equality Canada.



Women and Gender
Equality Canada

Femmes et Égalité
des genres Canada

Canada

