



Help Bring Hope for the Holidays to our Families at Nova Vita

For over 35 years, Nova Vita has been the only emergency shelter serving Brantford and the County of Brant, offering holistic client-centered residential and counselling services to women and children escaping violence and homelessness, and counselling services to perpetrators of domestic violence.

NOVA VITA'S IMPACT LAST YEAR:



Every year during the holiday season, women and children impacted by domestic violence and homelessness, need your help to bring the spirit of the holidays home.

You Can Make a Difference this Holiday Season

Sponsor a Family – We match your budget to a family in need and provide you or your organization with their family “wish list” for the holidays. These items will include all things to help make their holiday season a little more merry and bright: clothing, toys, electronics, household needs, etc. Family size varies so sponsors can request maximum persons in family to be sponsored.

Host a Holiday Gift Drive – Rally your club, group or organization to bring everyone together to make an even greater impact. Our greatest need this year is gifts for teens (ages 12 to 16) and gift cards for major retail outlets. Ask us how you can help to target our greatest need through a team or community drive.

Make a Financial Donation – Making a financial donation towards our holiday program provides us with the resources we need to help fill gaps and last minute requests to ensure that wish lists are filled and moms can have gifts for all their children at Christmas.

We are truly grateful for the support of all our community partners who help us to bring **Hope for the Holidays** at Nova Vita. We welcome new and innovative ideas to help the families we support and invite you to contact us to learn how you can make a difference and customize your giving campaign.

Warm holiday wishes,

Kara Bailey

Volunteer Services & Donations Coordinator
519-752-1005 x216 | kbailey@novavita.org

Anne Herbison-Ruddell

Community Development Manager
519-752-1005 x228 | aruddell@novavita.org



Sponsor a Family | Donate New, Unwrapped Gifts | Make A Financial Donation

Gift Cards to Grocery Stores & Major Retail Outlets

Gift cards are an amazing way to help those families in our transitional support and community counselling programs. You can empower Mom to buy just what her kids are asking for this holiday season or provide her a grocery gift card to purchase all the trimmings for their own holiday dinner.

Examples of Gift Cards in Need: Visa or MasterCard Gift Cards, Walmart, Giant Tiger, Major Grocery Stores, Lynden Park Mall, Tim Hortons, etc.

Gifts for Teens

Teens and Tweens can be picky and expensive! Why not work with a group to either purchase those items hot on your own teen's list this Christmas or purchase gift cards that can go towards specific item on their list. Teens love to get out and shop those Boxing Week Sales.

- Gift Cards for Teens: Indigo, Lynden Park Mall, Cineplex Odeon, Best Buy, Walmart, etc.
- Stocking stuffers and Items for teen boys are always our biggest challenge. Trendy hygiene items and gift sets, trendy technology (blue tooth speakers, ear buds, video games), and new and hip clothing items are always a hit.

Gifts for Kids

The children living in the shelter or receiving support from Nova Vita are just like any other kids when it comes to their wish list for gifts this holiday season. The only difference is that they may be celebrating this year in our shelter, staying in a temporary home, or starting new traditions in a new place. Tips for toys and gifts for the kids:

- Toys, movies, games, books, journals, art supplies and craft sets that are featured in holiday catalogues tend to be on every kids wish list this holiday season. Check out these catalogues for inspiration: Toys R Us, Walmart, Indigo, Scholars Choice, and Canadian Tire.
- What are you buying for the kids in your family? Why not buy two and donate one!

*No toy weapons please

Gifts for Women

The women deserve TLC and support to help them heal and navigate safely in their journey. Ask yourself what brings you or the women in your lives a little extra joy over the holidays? Besides helping to make their children's holiday a happier one, why not consider the following:

- Hair Styling Products (blow dryers, hair straighteners, styling irons)
- Adult Colouring Books, Journals, Pencil Crayons or Market Sets
- Gift Cards to Spas and Salons

We ask that all donations at Christmas be new, in original packaging, safe (check expiry dates and recalls), unwrapped, and are items that you would gift to a loved-one.

Thank you. We wish you and yours a safe and happy holiday season!

For more information about how you can make a difference, contact:

Kara Bailey, Volunteer Services & Donations Coordinator
519-752-1005 x216 | kbailey@novavita.org