

# Summer Newsletter 2017

## Thank you for standing TALL with Nova Vita against domestic violence at our 9th annual Heals to Heel Walk!



Over 120 participants took part in Nova Vita's annual Heels to Heal walk in June. Pictured: Members of Nova Vita's Community Development Team. Top row: Brianna Kerr (Public Educator), Kara Morris (Volunteer Coordinator), Anne Ruddell (Event Coordinator). Bottom row: Natasha Dobler (Executive Director), Cheryl Stornelli (Fundraiser/Donor Relations).



Nova Vita shows support during **PRIDE** week

## Nova Vita welcomes new Executive Director

Nova Vita's

Nova Vita says goodbye to Joy Freeman, for her 21 years of leadership as Executive Director. We thank her for her many years of dedicated service, and wish her a happy retirement!

We are excited to welcome our new Executive Director, Natasha Dobler. Look for a Q&A with Natasha coming soon in our blog and get to know her!

### Did you know...

Women and children in our emergency shelter drink 12 bags of milk each week!

> 225 school snacks are needed each week for children living in our shelter

Last year Nova Vita answered 4,560 crisis calls

Nova Vita provides over 400 bus tickets each month to help clients get to essential appointments in our Volunteers community

generously give **3,500** hours annually

Connect with us on social media @supportnovavita 2 f @ or check out our new blog to find more behind-the-scenes stories about Nova Vita www.novavita.org/about-nova-vita/blog

### Thank you for your contributions to our Mother's Day Garden of Hope campaign!



Our new, hand-painted mural is welcoming visitors to Nova Vita. Friends of Nova Vita honoured their mom this past Mother's Day by giving the gift of hope to Nova Vita. Be sure to check out these special moms nestled in the petals all year long, offering hope to those in need, and help us grow our garden even bigger next year!



#### **International Women's Day** kicks off More-than-a-Bed

We kicked off a campaign on International Women's Day to refresh the 18 rooms in our 33 bed emergency shelter. The rooms have been well lived-in and need to be updated to help our women and children find safe haven in a space that gives them comfort and helps to remove the chaos in their lives as they rebuild.

Each room will receive comfy new chairs for mom to nurse her baby in; a lamp to read bedtime stories to her toddler; permanent storage solutions that will help her organize the few belongings they have with them. Rooms that will be freshly painted, and adorned with the comforts of home.

"When women and their children are fleeing an abusive relationship or they have nowhere to go, we want them to know they are welcome here at Nova Vita. We want to give these families safety, stability and dignity when their lives have been turned upside down." ~Natasha Dobler, Executive Director.

> To learn more about how you can participate in the More-than-a-Bed campaign please email Cheryl at cstornelli@novavita.org

> > other



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#### **Donations graciously accepted**

- online at www.novavita.org
- by phone 519-752-1005
- by Mail
- in person
- ] Yes! Please add me to the e-mail distribution list:

[ ] Yes! I want to become a monthly donor:

Here	is my monthly gift of: [	] \$10	[	] \$25	[	] \$50	[	]\$	other
[	] Cheque								

[ ] Credit card

By becoming a monthly donor, the amount will automatically be withdrawn each month and continue until you notify Nova Vita of any change.

Name:		
Address —		
Card #:		
Expiry:	CSV#	
Signature:		

Thank you for your support and generosity!